

**North Eastern Counties Athletic Association  
Track And Field Championships  
(Under UKA Rules)  
Gateshead International Stadium  
Saturday May 15**

**Event 1 Senior Men 10,000m**  
**CBP 1985 G Smith Sunderland 29.20.6**  
**holder Stewart Bell Chester le Street 33.20**

**Final**

5 Stewart	Bell	Chester le Street & District A.C.	
44 Paul	Merrison	Wallsend H & AC	34.07
32 Michael	Jones	South Shields H&AC	35.14
72 Michael	Thompson	Gateshead H&AC	
87 Graeme	Slesser	Jarrow & Hebburn A.C.	

**Event 2 Under 15 Girls 75m Hurdles**  
**CBP 2004 Lauren Dewdney Gateshead 11.69**  
**holder Lauren Dewdney Gateshead 11.69**

**Heats**

64 Verity	Pratt	Darlington H&AC	12.3
40 Amy	Fleming	Sildon R&AC	12.55
34 Abby	Coyne	Houghton & Peterlee A.C.	13.22
44 Abbie	Gilbertson	South Shields H&AC	13.35
65 Emma	Pringle	Gateshead H&AC	13.38
81 Nikita	Turton	Houghton & Peterlee A.C.	14.03
29 Victoria	Brewis	Houghton & Peterlee A.C.	15.42
27 Helen	Boal	Houghton & Peterlee A.C.	17.18
78 Sarah	Swales	South Shields H&AC	
74 Melissa	Smith	Gateshead H&AC	
73 India	Sharpe	South Shields H&AC	
45 Chloe	Gill	Gateshead H&AC	

**Event 3 Under 17 Women 80m Hurdles**  
**CBP 2000 Gemma Ferguson NSP 11.33**  
**holder Anastasia Dopierala Gateshead 12.40**

**Heats**

14 Lauren	Dewdney	Gateshead H&AC	12.16
11 Samantha	Coleby	Durham City H&AC	12.48
32 Stephanie	Lamb	South Shields H&AC	12.97
46 Rebecca	Pottinger	Birtley A.C.	12.97
33 Sarah	Lamb	South Shields H&AC	13.24
7 Michelle	Bratton	South Shields H&AC	13.5
48 Alice	Ramsay	South Shields H&AC	13.71
63 Laura	Watt	South Shields H&AC	14.44
41 Ellen	McFarlane	Morpeth H&AC	14.91

**Event 4 Under 15 Boys 80 m Hurdles**  
**CBP 1982 G Stephenson M&C 12.0**  
**holder Andy Renwick Gateshead 12.56**

**Final**

73	Chris	Tomlinson	Middlesbrough A.C.	12.1
19	Niall	Flannery	Gateshead H&AC	12.3
12	Joseph	Corrigan	Middlesbrough A.C.	12.5
37	Richard	Kaufman	Gateshead H&AC	13.4
23	Phillipe	Goosen	Jarrow & Hebburn A.C.	14.2
70	Andrew	Williamson	Chester le Street & District A.C.	14.2
36	Paul	Jopling	South Shields H&AC	14.5
13	Daniel	Coutakis	Jarrow & Hebburn A.C.	
30	Elliott	Hills	New Marske Harriers AC	

**Event 5/6 Under 20 /Senior Women 100m Hurdles**  
**CBP 2003 Gemma Ferguson NSP 13.88**  
**holder Emma Morris South Shields 14.81**

**Final**

73	Emma	Morris	South Shields H&AC (u/20)	14.9
5	Claire	Brason	Rugby & Northampton (Sen)	DNF

**Event 7 Under 17 Men 100m Hurdles**  
**CBP 2000 Peter Middleton NSP 13.71**  
**holder Lewis Robson Gateshead 13.91**

**Final**

38	Albert	Kamara	Gateshead H&AC	14.78
62	Nick	Ridge0n	South Shields H&AC	15.01
71	Matthew	Smith	Darlington H&AC	15.79
53	Joel	Newby	South Shields H&AC	16.68
7	Michael	Briggs	South Shields H&AC	
17	Adam	Dalby	Gateshead H&AC	

**Event 8 Under 20 Men 110 m Hurdles**  
**CBP 1987 A Smailes M&C 14.5**  
**holder Andrew Sturrock Gateshead 15.91**

**Final**

76	Lewis	Robson	Gateshead H&AC	15.70
51	Daniel	Ghundoo	Darlington H&AC	16.37

**Event 9 Senior Men 110 m Hurdles**  
**CBP 1995 Anthony Brannen M&C 14.3**  
**holder Peter Middleton NSP 14.91**

**Final**

67 Andrew	Sturrock	Gateshead H&AC	15.60
66 John	Stacey	Gateshead H&AC	17.05

**Event 10 Under 13 Boys 1500m**  
**CBP2001 Luke Stockton Mandale 4.51.83**  
**holder Alastair Douglas Morpeth 5.16.7**

**Heats**

42 Jamie	Robson	Gateshead H&AC	4.48.8 CBP
20 Paul	Clifford	Darlington H&AC	5.04.5
13 Jake	Archer	Sunderland H&AC	5.05.2
38 Joshua	Phillips	Darlington H&AC	5.08.4
37 Ralph	Pearse	New Marske Harriers AC	5.13.1
22 Robbie	Costello	Gateshead H&AC	5.16.00
19 Joshua	Bosman	BlaydonHarriers	5.32.4
11 James	Collins	Gosforth H&AC	5.34.2
17 Tom	Bird	Gosforth H&AC	5.37.7
34 Nathan	Newton	Gateshead H&AC	5.39.0
16 Matthew	Bennett	Gateshead H&AC	DNS
21 Stephen	Cochrane	Morpeth H&AC	DNS

**Event 11 Under 15 Boys 1500m**  
**CBP 1987 I Knox Wallsend 4.14.7**  
**holder Khalal Thompson Shildon 4.21.01**

**Heats**

11 Brendan	Chadwick	Shildon R & AC	4.49
64 Tristan	Venus	Tynedale H&AC	4.49
42 Ross	Murray	Gateshead H&AC	4.52
53 Scott	Ruddick	BlaydonHarriers	4.55
71 Liam	Wintrip	Sunderland H&AC	4.55
24 Craig	Grainger	Shildon R & AC	4.56
20 Liam	Foley	Gosforth H&AC	4.56
54 Michael	Shaw	Shildon R & AC	4.58
39 Jake	Lazenby	M&C	4.59
49 Nathan	Reed	Sunderland H&AC	5.01
2 Liam	Baister	Blyth R.C.	5.04
18 James	Falconer	Gosforth H&AC	5.05
15 Alistair	Douglas	Morpeth H&AC	5.1
51 Craig	Ritchie	Jarrow & Hebburn A.C.	5.11
34 John	Hutton	Gosforth H&AC	5.14
4 Jordan	Beaton	Gateshead H&AC	5.15
47 Michael	Parry	Darlington H&AC	5.22
40 Toby	Marshall Robertson	Birtley A.C.	5.23
10 Luke	Buswell	Gosforth H&AC	5.3
31 Sam	Hogarth	Birtley A.C.	5.3
65 Chris	Walker	Durham City H&AC	5.48

**Event 12 Under 17 Men 1500m**  
**CBP 1989 B O'Doherty J&H 4.00.00**  
**holder Jonathan Taylor Middlesbrough A.C.4.03.20**

**Heats**

64 Warren	Roberts	Shildon R & AC	4.31
14 Jonathan	Cook	Gateshead H&AC	4.32
30 John	Gibson	Gateshead H&AC	4.32

41 Brian	Knighton	Gateshead H&AC	4.32
56 Jonathan	Pearson	Elswick Harriers	4.32
58 Will	Pike	Gateshead H&AC	4.32
27 Dwaine	Evans	Chester le Street & District A.C.	4.33
75 Ricky	Stevenson	New Marske Harriers AC	4.33
57 Tom	Perrins	Gateshead H&AC	4.34
12 Marc.	Cochrane	Morpeth H&AC	4.35
4 Robert	Balmbra	Morpeth H&AC	4.36
54 Chris	Parker	Gosforth H&AC	4.36
15 Jack	Costello	Gateshead H&AC	4.37
62 Nick	Ridge0n	South Shields H&AC	4.37
55 Craig	Patterson	Gateshead H&AC	4.38
60 Steven	Readman	New Marske Harriers AC	4.38
76 Jonathan	Straughan	Elswick Harriers	4.45
28 Simon	Findlay	Gosforth H&AC	4.48
50 Phillip	Moore	Newton Aycliffe	4.49
66 Jamie	Rutherford	Darlington H&AC	4.51
9 Martyn	Cairns	Morpeth H&AC	5.06
33 Adam	Greenwood	Birtley A.C.	5.06
37 Richard	Hopkins	Birtley A.C.	58.62

**Event 13 Under 20 Men 1500m**  
**CBP 1971 David Lowes Gateshead 3.53.3**  
**holder Ryan Stephenson NSP 3.59.06**

**Heats**

82 Ryan	Stephenson	North Shields Polytechnic AC	4.13.62
92 Jonathan	Young	Morpeth H&AC	4.14.35
96 Andrew	Wiles	Middlesbrough A.C.	4.14.57
44 Jackson	Creegan	Gateshead H&AC	4.14.74
88 Simon	Watson	Gateshead H&AC	4.16.21
84 Jonathan	Taylor	Middlesbrough A.C.	4.19.84
36 Mark	Atkin	Chester le Street & District A.C.	4.20.90
64 Jack	Martin	Sunderland H&AC	4.21.08
49 Ross	Floyd	Morpeth H&AC	4.21.29
80 Nathan	Shrubb	Morpeth H&AC	4.21.94
70 David	Old	Chester le Street & District A.C.	4.22.84
83 Nick	Swinburn	Morpeth H&AC	4.27.55
90 Martin	Wilson	Jarrow & Hebburn A.C.	4.28.41
40 Adam	Carmichael	Gateshead H&AC	4.29.66
59 Chris	Howey	Birtley A.C.	4.31.73
61 Liam	Lavender	Gosforth H&AC	4.53.66
87 Yizhou	Wan		6.15.85
57 David	Heslop	Blaydon Harriers	DNF

**Event 14 Senior Men 1500m**  
**CBP 1991Anthony Morrell W&B 3.41.62**  
**holder Stephen Horn Elswick 3.50.0**

**Final**

40 Gavin	Massingham	Sunderland H&AC	4.02.40
48 Matthew	Nicholson	Gosforth H&AC	4.02.81
45 Shaun	Moralee	Durham City H&AC	4.02.89
52 Chris	Parr	Gateshead H&AC	4.03.35
82 Paul	Hutton	Gosforth	4.03.79
31 Steven	Horn	Elswick Harriers	4.04.32
43 Ryan	Mcleod	Elswick Harriers	4.05.77
19 Andrew	Dougal	Tynedale H&AC	4.13.19
98 Mark	Elliott	Gateshead H&AC	4.21.19
8 Phil	Branston	Gateshead H&AC	4.25.40

12 Robert Cole  
 25 Jonathan Graham  
 28 Alex Haynes  
 39 Patrick Martin  
 56 Tom Ranger  
 59 Chris Roberts  
 65 Dan Samuels  
 73 Gareth Thraves

Middlesbrough A.C.  
 Gosforth H&AC  
 North Shields Polytechnic AC  
 Sunderland H&AC  
 Morpeth H&AC  
 Gateshead H&AC  
 Morpeth H&AC  
 Chester le Street & District A.C.

**Event 15 Under 13 Girls 800m**  
**CBP 1992 Emma Alberts Gateshead 2.23.3**  
**holder Shonagh Smith Tynedale 2.34.50**

**Heats**

81 Catherine Samuelson  
 75 Stephanie Lorraine  
 89 Sigourney Weaver  
 88 Amanda Watt  
 91 Rosie Clarke  
 82 Mariska Simpson  
 63 Louise Cairns  
 86 Rebecca Wake  
 87 Lucy Watson  
 93 Laura Brooks  
 66 Julie Chapman  
 70 Jennifer Ellis  
 72 Jayne Hansom  
 84 Danielle Thompson

Gateshead H&AC 2.33.58  
 Birtley A.C. 2.39.48  
 Gateshead H&AC 2.40.14  
 Chester le Street & District A.C. 2.41.57  
 Quakers 2.45.35  
 Morpeth H&AC 2.47.00  
 Morpeth H&AC 2.48.58  
 Gateshead H&AC 2.55.11  
 Jarrow & Hebburn A.C. 3.04.01  
 Middlesbrough AC 3.04.11  
 Gateshead H&AC 3.10.85  
 Gosforth H&AC  
 Gateshead H&AC  
 Shildon R & AC

**Event 16 Under 15 Girls 800m**  
**CBP 1994 Karen Johns Shildon 2.12.9**  
**holder Stacey Smith Tynedale 2 18.76**

**Heats**

87 Sophie Wood  
 86 Emma Winter  
 62 Shannon Penny  
 91 Natalie Young  
 75 Shonagh Smith  
 21 Victoria Addison  
 76 Emma Spoor  
 49 Laura Hewitson  
 64 Verity Pratt  
 31 Sally Briggs  
 63 Dylan Pickavance-Clarke  
 68 Rosie Rossington  
 93 Eleanor Murray  
 22 Zoe Armstrong  
 26 Rachael Bennett  
 29 Victoria Brewis  
 50 Monique Howell  
 56 Lindsey MacDonald  
 34 Abby Coyne  
 54 Aishah Latif

Durham H 2.30.37  
 Jarrow & Hebburn A.C. 2.31.05  
 Middlesbrough A.C. 2.31.62  
 Morpeth H&AC 2.34.49  
 Tynedale H&AC 2.34.54  
 Jarrow & Hebburn A.C. 2.34.61  
 Sunderland H&AC 2.36.34  
 Shildon R & AC 2.36.85  
 Darlington H&AC 2.37.62  
 Morpeth H&AC 2.39.99  
 Chester le Street & District A.C. 2.41.06  
 Gosforth H&AC 2.41.44  
 Jarrow & Hebburn A.C. 2.41.47  
 Morpeth H&AC 2.42.11  
 South Shields H&AC 2.42.23  
 Houghton & Peterlee A.C. 2.42.45  
 Birtley A.C. 2.44.60  
 Morpeth H&AC 2.45.77  
 Houghton & Peterlee A.C. 2.46.86  
 Gosforth H&AC 2.47.37

35 Emma Craik	Jarrow & Hebburn A.C.	2.50.42
60 Rebecca Noble	Darlington H&AC	2.52.70
48 Kellie Henderson	Morpeth H&AC	3.12.23
27 Helen Boal	Houghton & Peterlee A.C.	3.18.00
30 Francesca Briggs	BlaydonHarriers	
37 Stephanie-Crowell	Jarrow & Hebburn A.C.	
42 Helen Gertig	BlaydonHarriers	
70 Sally Scott	Gateshead H&AC	
78 Sarah Swailes	South Shields H&AC	
92 Amy Johnson	North Shields Polytechnic AC	

**Event 17 Under 17 Women 800 m**  
**CBP 1990 Emma Brady Elswick 2.12.72**  
**holder Samantha Duffy Gateshead 2.24.99**

**Heats**

35 Kirsty Legg	Middlesbrough A.C.	2.29.23
18 Samantha Duffy	Gateshead H&AC	2.29.69
67 Abby Wilson	Newton Aycliffe	2.29.73
10 Emma Clifford	Darlington H&AC	2.30.14
43 Stephanie Miller	BlaydonHarriers	2.30.98
4 Amy Bell	Chester le Street & District A.C.	2.31.07
50 Rebecca Shield	Durham City H&AC	2.31.98
45 Lydia Patton	Gateshead H&AC	2.32.31
60 Anestasia Toman	Gosforth H&AC	2.33.82
21 Amy-Jo Gaffney	Newton Aycliffe	2.37.88
80 Georgie McMeiken	Blaydon	2.42.35
22 Heather Graham	Middlesbrough A.C.	2.43.74
2 Toni Anderson	Shildon R & AC	2.44.52
17 Carla Donnan	Birtley A.C.	2.56.27
44 Danille Murray	South Shields H&AC	3.06.14
25 Fiona Hopkins	Birtley A.C.	3.13.88
8 Sara Brennan	Gateshead H&AC	
13 Natalie Cross	Newton Aycliffe	
23 Carly Henderson	South Shields H&AC	
32 Stephanie Lamb	South Shields H&AC	
53 Louise Smith	Gosforth H&AC	
54 Stacey Smith	Tynedale H&AC	
74 Sophie Wilkinson	North Shields Polytechnic AC	
75 Hannah Heard	North Shields Polytechnic AC	
77 Gina Rutherford	North Shields Polytechnic AC	

**Event 18 Under 20 Women 800m**  
**CBP 2002 Nisha Desai Morpeth 2.13.20**  
**holder Samantha Hart Gateshead 2.16.51**

**Heats**

66 Samantha Hart	Gateshead H&AC	2.17.54
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64 Ashley Gibson	Elswick Harriers	2.18.24
55 Samantha Crowe	Elswick Harriers	2.23.26
87 Danielle Watts	Morpeth H&AC	2.28.57
63 Rebecca Forster	Chester le Street & District A.C.	2.35.58
52 Rachel Barnes	Chester le Street & District A.C.	
59 Sarah Evans	Jarrow & Hebburn A.C.	
61 Mary Ferrier	Gateshead H&AC	
65 Chloe Gilmore	Gateshead H&AC	
68 Delyth James	Morpeth H&AC	
74 Julia Orr	Quakers R.C.	
88 Georgi Dines	Gosforth	

**Event 19 Senior Women 800 m**  
**CBP 1991 Kirsty Wade Blaydon 2.05.6**  
**holder Karen Johns Gateshead 2.10.35**

**Final**

9 Nisha Desai	Morpeth H&AC	2.20.70
41 Sally Youdon	Gateshead H&AC	2.22.34
27 Helen Patton	Gateshead H&AC	2.24.33
34 Marie Stanmore	Darlington H&AC	2.24.95
12 Jacqueline Elliott	Blaydon Harriers	2.26.60
26 Natalie Owens	Shildon R & AC	DNS
23 Sarah Maude	Charnwood	

**Event 20 Under 15 Boys 400m**  
**CBP 2002 Lewis Robson Gateshead 52.57**  
**holder Stephen Cathcart Gateshead 54.48**

**Heat**

29 Craig Hill	New Marske Harriers AC	56.72
25 Matthew Greenwood	Durham City H&AC	57.64
19 Niall Flannery	Gateshead H&AC	58.29
61 Jonathan Todd	Durham City H&AC	58.95
8 Benjamin Brown	Tynedale H&AC	59.29
52 Martin Ross	Houghton & Peterlee A.C.	67.46
43 Craig Oliver	Gateshead H&AC	68.01
9 Daniel Brown	Tynedale H&AC	
30 Elliott Hills	New Marske Harriers AC	
60 Gregory Swinburn	Morpeth H&AC	

**Event 21 Under 17 Men 400m**  
**CBP 1998 Gary Ankers Shildon 49.82**  
**holder Damon Ellis Chester le Street 52.37**

**Heats**

3 Adam Allison	Middlesbrough A.C.	52.49
86 Glenn Docherty	Gateshead H&AC	53.32
17 Adam Dalby	Gateshead H&AC	53.55

73 Andrew	Stanton	Chester le Street & District A.C.	53.57
68 Jamie	Sinclair	Tynedale H&AC	53.72
24 Michael	Donnelly	Gateshead H&AC	53.9
65 David	Robinson	Blaydon Harriers	54.43
34 Chris	Hall	Tynedale H&AC	57.93
26 Alex	Dzou	Middlesbrough A.C.	58.84
44 Lee	Lowden	Tynedale H&AC	59.06
40 Raymond	Kirkup	Morpeth H&AC	63.79
30 John	Gibson	Gateshead H&AC	
32 Mike	Gillies	South Shields H&AC	
53 Joel	Newby	South Shields H&AC	
80 Ben	Walker	Middlesbrough A.C.	
94 Paul	Miller	Gateshead H&AC	

**Event 22 Under 20 Men 400m**  
**CBP 1983 Mark McMahon Edin S 48.1**  
**holder Kieran Flannery Gateshead 50.37**

**Heats**

43 Craig	Crawford Glanville	Gateshead H&AC	51.93
71 Tom	Patton	Gateshead H&AC	52
41 Andrew	Coffer	Chester le Street & District A.C.	52.89
63 Jak	Lowdon	Tynedale H&AC	53.07
37 Ade	Babatunde	Middlesbrough A.C.	54.01
38 Gary	Baldwin	Middlesbrough A.C.	54.97
52 Ian	Godwin	Morpeth H&AC	56.23
54 Sean	Harrington	Hartlepool Burn Road H&AC	56.54
87 Yizhou	Wan		74.37
94 Chris	Campbell	Loughborough University	DNS
55 Scott	Henderson	Middlesbrough AC	
83 Nick	Swinburn	Morpeth H&AC	

**Event 23 Senior Men 400m**  
**CBP 2002 Jared Deacon Border 46.38**  
**holder Rabah Yusuf Border 46.97**

**Heats**

81 Rabah	Yusuf	Border Harriers	48.14
58 David	Riley	Morpeth H&AC	48.88
62 Adam	Rogers	Sale H	50.08
4 John	Baines	Middlesbrough A.C.	51.23
37 Nick	Little	Tynedale H&AC	51.67
79 Paul	White	Middlesbrough A.C.	54.23
33 Steven	Kernohan	Durham City H&AC	DNS
13 Liam	Collins	Gateshead H&AC	
17 Ketan	Desai	Morpeth H&AC	
26 Ben	Harding	Durham City H&AC	
29 James	Hogg	Gateshead H&AC	
46 Andrew	Moreton	Durham City H&AC	
60 David	Robinson	Jarrow & Hebburn A.C.	

**Event 24 Under 13 Girls 200m**  
**CBP 2003 Alex Penn Blackhill 28.50**  
**holder Chloe Gill Gateshead 29.31**

**Heats**

71 Catherine Gray	Durham City H&AC	28.7
75 Stephanie Lorraine	Birtley A.C.	29.1
90 Rebecca Whitfield	Durham City H&AC	29.6
67 Danielle Clingly	Jarrow & Hebburn A.C.	30
76 Christina O'Connor	Middlesbrough A.C.	30
92 Kate Fanning	Birtley A.C.	30
62 Hollie Boardman	Birtley A.C.	30.5
64 Alice Campbell	New Marske Harriers AC	31.6
74 Leah Kennedy	Darlington H&AC	32.9
93 Laura Brooks	Middlesbrough & Cleveland	33.7
85 Louise Todd	Birtley A.C.	34.3
87 Lucy Watson	Jarrow & Hebburn A.C.	36.6
86 Rebecca Wake	Gateshead H&AC	

**Event 25 Under 15 Girls 200m**  
**CBP 1977 Angela Piggford Gateshead 25.6**  
**holder Rebekah Wilmhurst Durham 26.94**

**Heats**

61 Nicola Pearson	Gateshead H&AC	27
40 Amy Fleming	Shildon R&AC	27.6
96 Elizabeth Cain	Shildon R & AC	27.8
62 Shannon Penny	Middlesbrough A.C.	27.9
95 Kate Ross	Shildon R & AC	28
51 Jenny Hudson	Gateshead H&AC	28.4
53 Heidi Kilty	Gateshead H&AC	28.4
31 Sally Briggs	Morpeth H&AC	28.8
41 Chloe Fletcher	Gateshead H&AC	28.8
46 Stevie Goodfellow	Morpeth H&AC	28.8
24 Hollie Ayres	Durham City H&AC	29
52 Grace Johnson	North Shields Polytechnic AC	29.2
66 Hayley Robertson	North Shields Polytechnic AC	29.3
94 Jade Hall	Shildon R & AC	29.6
59 Sacha McGregor	Gateshead H&AC	29.7
55 Joanne Lawton	Gateshead H&AC	30.2
43 Alex Gibson	Gateshead H&AC	30.4
88 Toni Wood	Houghton & Peterlee A.C.	30.4
26 Rachael Bennett	South Shields H&AC	30.9
79 Fiona Thursby	Gateshead H&AC	30.9
81 Nikita Turton	Houghton & Peterlee A.C.	31.2
27 Helen Boal	Houghton & Peterlee A.C.	35.9
21 Victoria Addison	Jarrow & Hebburn A.C.	
30 Francesca Briggs	BlaydonHarriers	
38 Judith Dix	BlaydonHarriers	
39 Amy Dobson	Gateshead H&AC	
44 Abbie Gilberstsom	South Shields H&AC	
47 Lisa Hayes	Gateshead H&AC	
72 Emma Shakeshaft	Darlington H&AC	
73 India Sharpe	South Shields H&AC	

74 Melissa Smith  
 77 Lauren Spoons  
 89 Ashleigh Wrigglesworth

Gateshead H&AC  
 Hartlepool Burn Road H&AC  
 Hartlepool Burn Road H&AC

**Event 26 Under 17 Women 200m**  
**CBP 1996 Janine McGregor HBR 24.6**  
**holder Jenny Graham NSP 25.70**

**Heats**

12 Kisa	Cowell	Sunderland H&AC	26.18
78 Lauren	Arthur	Gateshead H&AC	26.31
68 Faye	Winspear	Middlesbrough A.C.	26.53
70 Rebekah	Wilmshurst	Durham City H&AC	26.72
64 Anna	Welford	Middlesbrough A.C.	27.03
59 Julie	Todd	Gateshead H&AC	27.36
38 Sarah	Markwell	Chester le Street & District A.C.	27.39
24 Victoria	Holmes	Gateshead H&AC	27.52
19 Katelyn	Dunbar	Birtley A.C.	28.02
47 Nicola	Power	Jarrow & Hebburn A.C.	28.05
34 Emma	Lawton	Gateshead H&AC	28.08
10 Emma	Clifford	Darlington H&AC	28.52
52 Claire	Smith	Jarrow & Hebburn A.C.	28.63
40 Ruth	McDowall	Middlesbrough A.C.	28.71
48 Alice	Ramsay	South Shields H&AC	28.89
63 Laura	Watt	South Shields H&AC	29.2
7 Michelle	Bratton	South Shields H&AC	29.53
39 Holly	Marshall	Middlesbrough A.C.	29.85
73 Katy	Thompson	Middlesbrough A.C.	29.94
41 Ellen	McFarlane	Morpeth H&AC	DNS
6 Alexandra	Blake	Morpeth H&AC	
22 Heather	Graham	Middlesbrough A.C.	
23 Carly	Henderson	South Shields H&AC	
32 Stephanie	Lamb	South Shields H&AC	
42 Lorna	McMichael	Chester le Street & District A.C.	
51 Laura	Smales	Blaydon Harriers	
62 Cherelle	Watson	Morpeth H&AC	

**Event 27 Under 20 Women 200m**  
**CBP 2002 Titi Ameobi Gateshead 25.29**  
**holder Emma Morris South Shields 25.72**

**Heats**

73 Emma	Morris	South Shields H&AC	25.46
85 Jenny	Graham	North Shields Polytechnic AC	25.59
51 Marise	Barclay	Middlesbrough A.C.	
58 Geraldine	Donnelly	Elswick Harriers	
67 Sophie	Hunt	Gateshead H&AC	
69 Carly	Jones	Gateshead H&AC	
72 Phillippa	McGregor	Morpeth H&AC	
76 Caroline	Sellars	Sale H	
79 Kirsty	Thomas	Gateshead H&AC	

**Event 28 Senior Women 200m**  
**CBP 1984 Wendy Addison NSP 23.6**  
**1987 Louise Stuart M&C 23.6**  
**holder Clare Brason Sale 25.74**

43 Victoria Barr  
 14 Kimberley Goodall  
 40 Nicola Youdon  
 35 Becky Taylor  
 17 Frances Hubbard  
 1 Titi Ameobi  
 5 Claire Brason  
 12 Jacqueline Elliott  
 21 Denise Knox  
 38 Victoria Wester

**Heats**

Loughborough University 24.6  
 Gateshead H&AC 26.25  
 Gateshead H&AC 26.79  
 Gateshead H&AC 26.96  
 Middlesbrough A.C. 27.29  
 Gateshead H&AC  
 Rugby & Northampton  
 Blaydon Harriers  
 Middlesbrough A.C.  
 Gateshead H&AC

**Event 29 Under 20 Women 5000m**  
**CBP 2004 Johannah Jackson M&C 18.55.2**  
**holder Johannah Jackson M&C 18.55.2**

56 Hester Dix  
 81 Lisa Twedde  
 61 Mary Ferrier  
 77 Alex Snook  
 86 Raphaelle Freeston

**Final**

Blaydon Harriers 20.54.49  
 Sunderland H&AC 22.06.21  
 Gateshead H&AC  
 Shildon R & AC  
 North Shields Polytechnic AC

WITH

**Event 30 Senior Women 5000m**  
**CBP 1995 Shirley Griffiths Cramlington 16.23.0**  
**holder Michelle Holt Sunderland 18.41.7**

36 Bernadette Taylor  
 19 Johanna Jackson  
 8 Maxine Czarnecka  
 10 Alyson Dixon  
 18 Angela Hunter  
 25 Sophie Milburn  
 33 Rosie Smith  
 34 Marie Stanmore

**Final**

Darlington H&AC 17.42.94  
 M&C 18.46.49  
 Chester le Street & District A.C. 18.52.99  
 Chester le Street & District A.C.  
 Jarrow & Hebburn A.C.  
 Chester le Street & District A.C.  
 Durham City H&AC  
 Darlington H&AC

**Event 31 Under 15 Girls 75m Hurdles**  
**CBP 2004 Lauren Dewdney Gateshead 11.69**  
**holder Lauren Dewdney Gateshead 11.69**

64 Verity Pratt

**Final**

Darlington H&AC 12.3

40 Amy	Fleming	Shildon R&AC	12.55
34 Abby	Coyne	Houghton & Peterlee A.C.	13.22
44 Abbie	Gilbertson	South Shields H&AC	13.35
65 Emma	Pringle	Gateshead H&AC	13.38
81 Nikita	Turton	Houghton & Peterlee A.C.	14.03
29 Victoria	Brewis	Houghton & Peterlee A.C.	15.42
27 Helen	Boal	Houghton & Peterlee A.C.	17.18

### Event 32 Under 17 Women 80m Hurdles

**CBP 2000 Gemma Ferguson NSP 11.33**

**Holder Anastasia Dopierala Gateshead 12.33**

11 Samantha	Colby	Durham City	12.44
14 Lauren	Dewdney	Gateshead	12.66
46 Rebecca	Pottinger	Birtley	12.99
32 Stephanie	Lamb	South Shields	13.06
33 Sarah	Lamb	South Shields	13.34
7 Michelle	Bratton	South Shields	13.54
48 Alice	Ramsey	South Shields	14.16
63 Laura	Watt	South Shields	14.7

### Event 33 Under 13 Boys 100m

**CBP 1999 P Moore Morpeth 12.62**

**holder Jack Cowie Gateshead 12.92**

### Heats

99 Christian	Carson	Middlesbrough AC	13.42
25 Daniel	Hall	Gateshead H&AC	13.75
28 Gallagher	Hill	Gateshead H&AC	14.63
36 Michael	Patan	Darlington H&AC	14.69
20 Paul	Clifford	Darlington H&AC	14.83
47 Chris	Wilson	Morpeth H&AC	15.05
43 Jordan	Smith	Gateshead H&AC	15.15
38 Joshua	Phillips	Darlington H&AC	15.79
27 Conor	Hedley	Morpeth H&AC	16.15
30 Adam	Hogarth	Birtley A.C.	16.16
29 Matthew	Hodgson	Birtley A.C.	16.25
14 Carl	Avers	Hartlepool Burn Road H&AC	
32 Jack	Hutton	Hartlepool Burn Road H&AC	
40 Mark	Purkis	Gateshead H&AC	
46 Matthew	Turnbull	Gateshead H&AC	

### Event 34 Under 15 Boys 100m

**CBP 2004 Yusuf Aliu Middlesbrough A.C. 11.24**

**holder Yusuf Aliu Middlesbrough A.C. 11.24**

### Heats

23 Phillipe	Goosen	Jarrow & Hebburn A.C.	11.92
5 Campbell	Bell	Chester le Street & District A.C.	12.11
59 John	Summers	Gateshead H&AC	12.11
70 Andrew	Williamson	Chester le Street & District A.C.	12.49
69 Andrew	Wilkinson	Gateshead H&AC	12.55
25 Matthew	Greenwood	Durham City H&AC	12.56
73 Chris	Tomlinson	Middlesbrough A.C.	12.71
7 Robert	Brannon	Chester le Street & District A.C.	12.87
35 Paul	Jefferson	Darlington H&AC	13.01
72 Matthew	Halewood	Gateshead	13.02

44 Huw	Oliver	Tynedale H&AC	13.08
36 Paul	Jopling	South Shields H&AC	13.46
55 Michael	Short	Gateshead H&AC	13.52
38 Steven	Keith	Gateshead H&AC	14.6
56 Vincent	Simpson	Morpeth H&AC	15.68
16 Joseph	Dowson	Gateshead H&AC	
60 Gregory	Swinburn	Morpeth H&AC	
68 Adam	Wears	New Marske Harriers AC	

**Event 35 Under 17 Men 100m**  
**CBP 1988 J Urron Morpeth 10.9**  
**holder Lewis Robson Gateshead 11.13**

**Heats**

1 Yusuf	Aliu	Middlesbrough A.C.	11.17
39 Richard	Kilty	Gateshead H&AC	11.29
36 Richard	Harrison	Gateshead H&AC	11.4
93 Alexander	Todd	Shildon R & AC	11.51
21 Robert	Davison	BlaydonHarriers	11.53
20 Simon	Dale	Morpeth H&AC	11.54
90 Louis	McElwee	Middlesbrough A.C.	11.7
91 Brendan	Scott	Houghton & Peterlee AC	11.82
38 Albert	Kamara	Gateshead H&AC	12.01
47 Lee	Milburn	Morpeth H&AC	12.07
51 Max	Mullins	North Shields Polytechnic AC	12.21
74 Graeme	Stevens	Darlington H&AC	12.37
94 Paul	Miller	Gateshead H&AC	12.49
71 Matthew	Smith	Darlington H&AC	12.54
72 Stephen	Smith	South Shields H&AC	12.65
84 Geeman	Wong	Jarrow & Hebburn A.C.	12.73
16 Chris	Craggs	Darlington H&AC	12.74
23 Michael	Dixon	Durham City H&AC	13.28
7 Michael	Briggs	South Shields H&AC	
42 Dale	Lever	Chester le Street & District A.C.	
48 Sean	Milburn	Durham City H&AC	
52 Stephen	Nelson		
65 David	Robinson	BlaydonHarriers	

**Event 36 Under 20 Men 100m**  
**CBP 2003 Peter Vickers Middlesbrough A.C. 11.04**  
**holder John Baines Middlesbrough A.C. 11.25**

**Heats**

76 Lewis	Robson	Gateshead H&AC	11.52
58 Steven	Horsburgh	Gateshead H&AC	11.72
66 Paul	Moore	Gateshead H&AC	11.83
39 Neil	Best	Darlington H&AC	11.94
51 Daniel	Ghundoo	Darlington H&AC	12.26
54 Sean	Harrington	Hartlepool Burn Road H&AC	12.38

56 Gary	Heppell	Houghton & Peterlee A.C.	12.76
45 Dean	Daniel	Newham & Essex Beagles	
89 Ben	Wilson	Middlesbrough A.C.	

**Event 37 Senior Men 100m**  
**CBP 1992 Jonathan Edwards Gateshead 10.60**  
**holder Peter Vickers Middlesbrough A.C. 10.86**

**Heats**

13 Liam	Collins	Gateshead H&AC	11.1
90 Craig	Telford	Border H	11.2
67 Andrew	Sturrock	Gateshead H&AC	11.3
22 Ben	Geddes	Gateshead H&AC	11.4
75 Peter	Vickers	Border Harriers	11.5
80 Neil	Wiscombe	Jarrow & Hebburn A.C.	11.6
18 Paul	Donachey	Durham City H&AC	11.8
69 Marc.	Suggitt	Gateshead H&AC	11.8
1 Andrew	Appleyard	Middlesbrough A.C.	11.9
36 Stephen	Litherland	Hartlepool Burn Road H&AC	12.2
63 Adam	Rogers	Shildon R&AC	12.2
20 Andrew	Drummond	Gateshead H&AC	DNF
23 Wayne	Gedge	Morpeth H&AC	
35 James	Lee	Windsor Slough & Eton	
60 David	Robinson	Jarrow & Hebburn A.C.	
86 Adam	Robson	Middlesbrough A.C.	
89 Stephen	Smith	Gateshead H&AC	

**Event 38 Under 13 Boys 1500m**  
**CBP2001 Luke Stockton Mandale 4.51.83**  
**holder Alastair Douglas Morpeth 5.16.7**

**Final**

**Event 39 Under 15 Boys 1500m**  
**CBP 1987 I Knox Wallsend 4.14.7**  
**holder Khalal Thompson Shildon 4.21.01**

**Final**

42 Ross	Murray	Gateshead	4.30.63
64 Tristan	Venus	Tynedale	4.37.10
11 Brendan	Chadwick	Shildon	4.40.06
71 Liam	Wintrip	Sunderland	4.43.48
53 Scott	Ruddick	Blaydon	4.43.97
49 Nathan	Reed	Sunderland	4.53.35
39 Jake	Lazenby	Middlesbrough & Cleveland	4.59.08
20 Liam	Foley	Gosforth	4.59.44
24 Craig	Grainger	Shildon	5.01.06
2 Liam	Baister	Blyth	5.05.49
54 Michael	Shaw	Shildon	5.11.65

18 Jamie	Falconer	Gosforth	5.24.99
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**Event 40 Under 17 Men 1500m**

**Final**

**CBP 1989 B O'Doherty J&H 4.00.00**

**holder Jonathan Taylor Middlesbrough A.C.4.03.20**

75 Ricky	Stevenson	New Marske	4.11.32
64 Warren	Roberts	Shildon	4.15.24
58 Will	Pike	Gateshead	4.20.56
30 John	Gibson	Gateshead	4.23.81
14 Jonathon	Cook	Gateshead	4.26.31
56 Jonathon	Pearson	Elswick	4.27.79
57 Tom	Perrins	Gateshead	4.30.02
54 Chris	Parker	Gosforth	4.31.88
4 Robert	Balmbra	Morpeth	4.31.98
12 Marc	Cochrane	Morpeth	4.32.22
27 Dwaine	Evans	CLS	4.33.61
41 Brian	Knighton	Gateshead	DNF

**Event 41 Under 20 Men 1500m**

**Final**

**CBP 1971 David Lowes Gateshead 3.53.3**

**holder Ryan Stephenson NSP 3.59.06**

84 Jonathon	Taylor	Middlesbrough	4.08.34
82 Ryan	Stephenson	NSP	4.09.72
92 Jonathon	Young	Morpeth	4.12.09
64 Jack	Martin	Sunderland	4.12.09
36 Mark	Atkin	CLS	4.14.58
96 Andrew	Wiles	Middlesbrough	4.15.32
80 Nathan	Shrubb	Morpeth	4.15.82
44 Jackson	Creegan	Gateshead	4.16.24
88 Simon	Watson	Gateshead	4.19.56
49 Ross	Filloyd	Morpeth	4.21.23
70 David	Old	CLS	4.32.40
83 Nick	Swinburne	Morpeth	DNS

**Event 42 Under 13 Girls 800m**

**Final**

**CBP 1992 Emma Alberts Gateshead 2.23.3**

**holder Shonagh Smith Tynedale 2.34.50**

89 Sigourney	Bell	Gateshead	2.27.13
75 Stephanie	Lorraine	Birtley	2.27.07
81 Catherine	Samualson	Gateshead	2.37.20
88 Amanda	Watt	CLS	2.39.05
91 Rosie	Clark	Quakers	2.46.55
63 Louise	Cairns	Morpeth	2.47.08
82 Mariska	Simpson	Morpeth	2.52.40
86 Rebecca	Wake	Gateshead	DNS

**Event 43 Under 15 Girls 800m**

**Final**

**CBP 1994 Karen Johns Shildon 2.12.9**

**holder Stacey Smith Tynedale 2 18.76**

76 Emma	Spoor	Sunderland	2.24.91
86 Emma	Winter	Jarrow & Hebburn	2.27.49
91 Natalie	Young	Morpeth	2.28.36
87 Sophie	Wood	Durham	2.28.73

75 Shonna	Smith	Tynedale	2.31.67
62 Shannon	Penny	Middlesbrough	2.32.02
49 Laura	Hewitson	Shildon	2.37.82
21 Victoria	Addison	Jarrow & Hebburn	2.38.01

**Event 44 Under 17 Women 800m**  
**CBP 1990 Emma Brady Elswick 2.12.72**  
**holder Samantha Duffy Gateshead 2.24.99**

**Final**

18 Samantha	Duffy	Gateshead	2.24.38
50 Rebecca	Shield	Durham	2.24.56
67 Abby	Wilson	N Aycliffe	2.26.97
43 Stephanie	Wilson	Blaydon	2.30.62
10 Emma	Clifford	Darlington	2.32.66
35 Kirsty	Clegg	Middlesbrough	2.32.88
45 Lydia	Patton	Gateshead	2.33.61
4 Amy	Bell	CLS	2.40.62

**Event 45 Under 20 Women 800m**  
**CBP 2002 Nisha Desai Morpeth 2.13.20**  
**holder Samantha Hart Gateshead 2.16.51**

**Final**

**Event 46 Under 15 Boys 400m**  
**CBP 2002 Lewis Robson Gateshead 52.57**  
**holder Stephen Cathcart Gateshead 54.48**

**Final**

**Event 47 Under 17 Men 400m**  
**CBP 1998 Gary Ankers Shildon 49.82**  
**holder Damon Ellis Chester le Street 52.37**

**Final**

17 Adam	Dalby	Gateshead	51.80
86 Glen	Docherty	Gateshead	52.09
68 Adam	Allison	Middlesbrough	52.12
3 Jamie	Sinclair	Tynedale	52.15
73 Andrew	Stanton	CLS	52.97
24 Michael	Donnelly	Gateshead	53.71
34 Chris	Hall	Tynedale	57.79
69 David	Robinson	Blaydon	DNS

**Event 48 Under 20 Men 400m**  
**CBP 1983 Mark McMahon Edin S 48.1**  
**holder Kieran Flannery Gateshead 50.37**

**Final**

43 Craig	Crawford-Glanville	Gateshead	50.28
71 Tomm	Patton	Gateshead	50.41
63 Jak	Lowden	Tynedale	50.74
41 Andrew	Coffer	CLS	51.11
37 Ade	Babatunde	Middlesbrough	52.65
38 Gary	Baldwin	Middlesbrough	54.79

52 Ian	Godwin	Morpeth	55.24
54 Sean	Haddington	Hartlepool & Burn Road	56.75

**Event 49 Senior Men 400m**  
**CBP 2002 Jared Deacon Border 46.38**  
**holder Rabah Yusuf Border 46.97**

**Final**

**Event 50 Under 17 Women 3000m**  
**CBP 2001 Charlotte Wickham Gateshead 10.14.81**  
**holder Mary Ferrier Gateshead 10.56.54**

**Final**

1 Rachel	Adams	Morpeth H&AC	10.57.18
3 Claire	Baudouin	Gateshead H&AC	10.52.19
16 Lyndsey	Dodsworth	Gateshead H&AC	11.18.55
55 Jennifer	Stephenson	BlaydonHarriers	11.48.38
56 Josie	Stone	Middlesbrough A.C.	12.23.03
61 Kirsty	Walker	Durham City H&AC	12.37.44
65 Natasha	Wheatley	M&C	
69 Laura	Wright	Gateshead H&AC	

**Event 51 Under 13 Girls 200m**  
**CBP 2003 Alex Penn Blackhill 28.50**  
**holder Chloe Gill Gateshead 29.31**

**Final**

71 Catherine	Gray	Durham City	28.66
90 Rebecca	Whitfield	Durham City	29.44
75 Stephanie	Lorraine	Birtley	29.73
92 Kate	Fanning	Birtley	29.89
62 Hollie	Boardman	Birtley	30.73
76 Christina	O'Conner	Middlesbrough	30.75
67 Danielle	Clingly	Jarrow & Hebburn	31.12
64 Alice	Campbell	New Marske	

**Event 52 Under 15 Girls 200m**  
**CBP 1977 Angela Piggford Gateshead 25.6**  
**holder Rebekah Wilmhurst Durham 26.94**

**Final**

61 Nicola	Pearson	Gateshead	26.32
40 Amy	Flemming	Sildon	27.61
95 Kate	Ross	Sildon	27.65
96 Elizabeth	Cain	Sildon	27.80
51 Jenny	Hudson	Gateshead	27.97
62 Shannon	Penny	Middlesbrough	28.41
53 Heidi	Kiltie	Gateshead	28.47
31 Sally	Briggs	Morpeth	28.80

**Event 53 Under 17 Women 200 m**

**Final**

**CBP 1996 Janine McGregor HBR 24.6**  
**holder Jenny Graham NSP 25.70**

21 Lisa	Cowell	Sunderland	25.81
78 Luran	Arthur	Gateshead	26.42
70 Rebekah	Wilmhurst	Durham	26.49
68 Faye	Winspaar	Middlesbrough	26.77
64 Anna	Wellford	Middlesbrough	27.17
59 Julie	Todd	Gateshead	27.37
24 Victoria	Holmes	Gateshead	27.41
38 Sarah	Markwell	CLS	27.42

**Event 54 Under 20 Women 200m**  
**CBP 2002 Titi Ameobi Gateshead 25.29**  
**holder Emma Morris South Shields 25.72**

**Final**

**Event 55 Senior Women 200m**  
**CBP 1984 Wendy Addison NSP 23.6**  
**1987 Louise Stuart M&C 23.6**  
**holder Clare Brason Sale 25.74**

**Final**

**Event 56 Under 13 Boys 100m**  
**CBP 1999 P Moore Morpeth 12.62**  
**holder Jack Cowie Gateshead 12.92**

**Final**

99 Christian	Carson	Middlesbrough	13.33
25 Daniel	Hall	Gateshead	14.00
20 Paul	Clifford	Darlington	14.71
28 Gallagher	Hill	Gateshead	14.72
47 Christian	Wilson	Morpeth	15.04
36 Michael	Paton	Darlington	15.20
43 Jordan	Smith	Gateshead	15.26
38 Joshua	Phillips	Darlington	15.56

**Event 57 Under 15 Boys 100m**  
**CBP 2004 Yusuf Aliu Middlesbrough A.C. 11.24**  
**holder Yusuf Aliu Middlesbrough A.C. 11.24**

**Final**

23 Phillipe	Goosen	Jarrow & hebburn	11.91
59 John	Summers	Gateshead	12.04
5 Campbell	Bell	CLS	12.06
70 Andrew	Williamson	CLS	12.4
69 Andrew	Wilkinson	Gateshead	12.57
7 Robert	Brannon	CLS	12.63
25 Mathew	Greenwood	Durham City	12.96
73 Chris	Tomlinson	Middlesbrough	DNS

**Event 58 Under 17 Men 100m**  
**CBP 1988 J Urron Morpeth 10.9**

**Final**

**holder Lewis Robson Gateshead 11.13**

1 Yusef	Aliu	Middlesbrough	11.03
36 Richard	Harrison	Gateshead	11.12
39 Richard	Kiltie	Gateshead	11.16
93 Alexander	Todd	Shildon	11.33
21 Robert	Davison	Blaydon	11.38
90 Louis	McElwee	Middlesbrough	11.42
20 Simon	Dale	Morpeth	11.44
38 Albert	Kamara	Gateshead	11.71

**Event 59 Under 20 Men 100m****CBP 2003 Peter Vickers Middlesbrough A.C. 11.04****holder John Baines Middlesbrough A.C. 11.25****Heats****Event 60 Senior Men 100m****CBP 1992 Jonathan Edwards Gateshead 10.6****holder Peter Vickers Middlesbrough A.C. 10.86****Final**

75 Peter	Vickers	Border	11.02
13 Liam	Collins	Gateshead	11.06
90 Craig	Telford	Border	11.07
67 Andrew	Sturrock	Gateshead	11.31
69 Marc	Suggett	Gateshead	11.6
80 Neil	Wiscombe	Jarrow & Hebburn	11.9
22 Ben	Geddes	Gateshead	12.36
18 Paul	Donachey	Durham	DNS

**Sunday Programme****Event 60 Senior Men 400mh****CBP 1998Anthony Borsumato City of Stoke 50.63****holder Jared Deacon Border 50.68****Final**

13 Liam	Collins	Gateshead H&AC	52.91
16 Jared	Deacon	South Shields H&AC	55.89

**Event 61 Under 20 Men 400mh****CBP 2004 Kieran Flannery Gateshead 54.20****holder Kieran Flannery Gateshead 54.20****Final**

48 Kieran	Flannery	Gateshead H&AC	54.04
52 Ian	Godwin	Morpeth H&AC	66.99

WITH

**Event 62 Under 17 Men 400mh****CBP 2004 Scott Henderson Middlesbrough A.C. 55.65****holder Scott Henderson Middlesbrough A.C. 55.65****Final**

**Event 63 Senior Women 400mh**  
**CBP 1986 Aileen Mills NSP 59.8**  
**holder Lyndsay Yallop City of Norwich 65.79**

**Final**

**Event 64 Under 20 Women 400m Hurdles**  
**CBP 2001 Claire Brason NSP 61.67**  
**Holder Emma Morris South Shields 65.63**

**Final**

62 Debbie Forster  
 63 Rebecca Forster  
 71 Emma Lachs

Middlesbrough A.C. 71.55  
 Chester le Street & District A.C. 71.98  
 Morpeth H&AC 75.19

**Event 65 Under 17 Women 300mh**  
**CBP 1991 Alison Curbishly M&C 43.47**  
**holder Lorna McMichael Chester le Street 46.30**

**Final**

42 Lorna McMichael  
 11 Samantha Coleby  
 18 Samantha Duffy  
 10 Emma Clifford  
 46 Rebecca Pottinger  
 7 Michelle Bratton  
 63 Laura Watt  
 41 Ellen McFarlane

Chester le Street & District A.C. 45.4  
 Durham City H&AC 45.58  
 Gateshead H&AC 46.89  
 Darlington H&AC 49.81  
 Birtley A.C. 51.26  
 South Shields H&AC 51.78  
 South Shields H&AC 52.07  
 Morpeth H&AC

**Event 68 Under 13 Girls 1500m**  
**CBP 2004 Kate Avery Shildon 5.02.51**  
**holder Kate Avery Shildon 5.02.51**

**Final**

89 Sigourney Bell  
 75 Stephanie Lorraine  
 88 Amanda Watt  
 91 Rosie Clarke  
 84 Danielle Thompson  
 86 Rebecca Wake  
 87 Lucy Watson  
 93 Laura Brooks  
 61 Daisy Bell  
 66 Julie Chapman

Gateshead H&AC 5.03.68  
 Birtley A.C. 5.19.99  
 Chester le Street & District A.C. 5.29.67  
 Quakers 5.37.03  
 Shildon R & AC 5.50.53  
 Gateshead H&AC 5.59.11  
 Jarrow & Hebburn A.C. 6.11.44  
 Middlesbrough & Cleveland 6.18.27  
 Chester le Street & District A.C.  
 Gateshead H&AC

81 Catherine Samuelson  
82 Mariska Simpson

Gateshead H&AC  
Morpeth H&AC

**Event 67 Under 15 Girls 1500m**  
**CBP 1987 C Nicholson Darlington 4.35.7**  
**holder Stacey Smith Tynedale 4.58.37**

### Heats

23 Kate Avery	Shildon R & AC	5.08.15
82 Laura Waitman	Morpeth H&AC	5.09.33
75 Shonagh Smith	Tynedale H&AC	5.09.61
42 Helen Gertig	BlaydonHarriers	5.09.69
80 Emma Toogood	Durham City H&AC	5.09.72
36 Sarah Crosby	Sunderland H&AC	5.09.76
69 Jessica Russon	New Marske Harriers AC	5.12.29
91 Natalie Young	Morpeth H&AC	5.13.40
41 Chloe Fletcher	Gateshead H&AC	5.18.23
62 Shannon Penny	Middlesbrough A.C.	5.18.58
58 Emma Masson	Gosforth H&AC	5.19.06
63 Dylan Pickavance-Clarke	Chester le Street & District A.C.	5.20.51
93 Eleanor Murray	Jarrow & Hebburn A.C.	5.20.89
50 Monique Howell	Birtley A.C.	5.35.77
25 Georgette Bellamy	Gosforth H&AC	5.43.99
56 Lindsey MacDonald	Morpeth H&AC	6.02.13
48 Kellie Henderson	Morpeth H&AC	6.34.98
26 Rachael Bennett	South Shields H&AC	
34 Abby Coyne	Houghton & Peterlee A.C.	
37 Stephanie Crowell	Jarrow & Hebburn A.C.	
60 Rebecca Noble	Darlington H&AC	
70 Sally Scott	Gateshead H&AC	
92 Amy Johnson	North Shields Polytechnic AC	

**Event 68 Under 17 Women 1500m**  
**CBP 1996 Kate Grimshaw NSP 4.37.4**  
**holder Delyth James Morpeth 4.52.36**

### Heats

67 Abby Wilson	Newton Aycliffe	5.02.86
16 Lyndsey Dodsworth	Gateshead H&AC	5.13.63
15 Laura Dixon	Morpeth H&AC	5.15.79
53 Louise Smith	Gosforth H&AC	5.16.06
49 Clare Rushton	Middlesbrough A.C.	5.23.07
69 Laura Wright	Gateshead H&AC	5.35.49
1 Rachel Adams	Morpeth H&AC	
3 Claire Baudouin	Gateshead H&AC	
5 Nikita Bellamy	Gosforth H&AC	
8 Sara Brennan	Gateshead H&AC	
10 Emma Clifford	Darlington H&AC	
13 Natalie Cross	Newton Aycliffe	
20 Abby Foreman	Birtley A.C.	
21 Amy-Jo Gaffney	Newton Aycliffe	
25 Fiona Hopkins	Birtley A.C.	
43 Stephanie Miller	BlaydonHarriers	

54 Stacey	Smith	Tynedale H&AC
55 Jennifer	Stephenson	BlaydonHarriers
57 Abby	Suffield	Shildon R & AC
61 Kirsty	Walker	Durham City H&AC
65 Natasha	Wheatley	M&C
66 Kate	White	Elswick Harriers

**Event 69 Under 20 Women 1500m**  
**CBP 2002 Charlotte Wickham Gateshead 4.31.17**  
**holder Rosie Smith Durham 4.45.8**

**Final**

64 Ashley	Gibson	Elswick Harriers	4.40.56
61 Mary	Ferrier	Gateshead H&AC	4.48.77
59 Sarah	Evans	Jarrow & Hebburn A.C.	4.48.84
55 Samantha	Crowe	Elswick Harriers	4.54.26
87 Danielle	Watts	Morpeth H&AC	4.57.26
56 Hester	Dix	BlaydonHarriers	5.20.72
53 Cindy	Bellamy	Gosforth H&AC	5.21.82
77 Alex	Snook	Shildon R & AC	DNF
65 Chloe	Gilmore	Gateshead H&AC	
68 Delyth	James	Morpeth H&AC	
74 Julia	Orr	Quakers R.C.	

**Event 70 Senior Women 1500m**  
**CBP 1988 Jill Hunter Blaydon 4.21.6**  
**holder Claire Robson Teesdale 4.32.69**

**Final**

28 Claire	Robson	Teesdale A.C.	4.32.32
24 Morag	McDonnell	Chester le Street & District A.C.	4.33.15
10 Alyson	Dixon	Chester le Street & District A.C.	4.36.26
31 Claire	Simpson	Jarrow & Hebburn A.C.	4.41.19
34 Marie	Stanmore	Darlington H&AC	4.50.04
18 Angela	Hunter	Jarrow & Hebburn A.C.	4.59.48
42 Sarah	Armstrong	Gosforth H&AC	5.05.69
26 Natalie	Owens	Shildon R & AC	5.42.03
12 Jacqueline	Elliott	BlaydonHarriers	
16 Claire	Harrod	Gateshead H&AC	
19 Johanna	Jackson	M&C	
25 Sophie	Milburn	Chester le Street & District A.C.	
33 Rosie	Smith	Durham City H&AC	
36 Bernadette	Taylor	Darlington H&AC	
41 Sally	Youdon	Gateshead H&AC	

**Event 71 Under 13 Boys 800m**

**Heats**

**CBP 1991 Kevin Corr J&H 2.18.5**  
**holder Chris Gaffney New Marske 2.29.7**

20 Paul	Clifford	Darlington H&AC	2.29.39
42 Jamie	Robson	Gateshead H&AC	2.30.46
23 Marcus	Cram	Morpeth H&AC	2.31.25
18 Sam	Blackett	Chester le Street & District A.C.	2.32.68
22 Robbie	Costello	Gateshead H&AC	2.39.13
44 Robert	Thrower	Gosforth H&AC	2.43.94
29 Matthew	Hodgson	Birtley A.C.	3.01.93
13 Jake	Archer	Sunderland H&AC	2.35.89
38 Joshua	Phillips	Darlington H&AC	2.36.50
31 Thomas	Hudson	Gateshead H&AC	2.37.04
39 Zak	Pringle	Morpeth H&AC	2.42.70
26 Liam	Hall	Chester le Street & District A.C.	2.54.06
30 Adam	Hogarth	Birtley A.C.	3.04.44
11 James	Collins	Gosforth H&AC	
12 James	Anderson	Gosforth H&AC	
15 Mark	Bailes	Birtley A.C.	
16 Matthew	Bennett	Gateshead H&AC	
17 Tom	Bird	Gosforth H&AC	
21 Stephen	Cochrain	Morpeth H&AC	
24 Jonathan	Griffiths	Shildon R & AC	
34 Nathan	Newton	Gateshead H&AC	
40 Mark	Purkis	Gateshead H&AC	
71 Liam	Wintrip	Sunderland H&AC	

**Event 72 Under 15 Boys 800m**  
**CBP 1975 Andrew Lawrence Darlington 2.01.2**  
**holder Khalil Thompson Shildon 2.08.38**

**Heats**

23 Phillipe	Goosen	Jarrow & Hebburn A.C.	2.19.46
68 Adam	Wears	New Marske Harriers AC	2.22.39
40 Toby	Marshall Robertson	Birtley A.C.	2.29.29
63 Greg	Urwin	Tynedale H&AC	2.30.91
66 Thomas	Walker	Gosforth H&AC	2.36.52
31 Sam	Hogarth	Birtley A.C.	2.39.86
105 James	Anderson	Gosforth H&AC	2.40.94
45 Terry	Ord	Morpeth H&AC	2.20.50
21 Chris	Gaffney	Newton Aycliffe	2.21.67
26 Grant	Hawkins	Middlesbrough A.C.	2.22.11
2 Liam	Baister	Blyth R.C.	2.29.07
18 James	Falconer	Gosforth H&AC	2.30.99
36 Paul	Jopling	South Shields H&AC	2.32.55
22 Dean	Gallagher	Gosforth H&AC	2.36.77
41 Adam	Morrell	Middlesbrough A.C.	2.14.34
11 Brendan	Chadwick	Shildon R & AC	2.15.77

64 Tristan	Venus	Tynedale H&AC	2.16.97
3 Louis	Battista	Gosforth H&AC	2.18.69
58 Adam	Sourhern	Elswick Harriers	2.28.61
60 Gregory	Swinburn	Morpeth H&AC	2.29.28
70 Andrew	Williamson	Chester le Street & District A.C.	2.31.25
10 Luke	Buswell	Gosforth H&AC	
13 Daniel	Coutakis	Jarrow & Hebburn A.C.	
15 Alistair	Douglas	Morpeth H&AC	
30 Elliott	Hills	New Marske Harriers AC	
34 John	Hutton	Gosforth H&AC	

### Event 73 Under 17 Men 800m

**CBP 1999 Malcolm Hassan Sunderland 1.56.22**

**holder Jonathan Taylor Middlesbrough A.C. 1.58.97**

### Heats

73 Andrew	Stanton	Chester le Street & District A.C.	2.05.05
86 Glenn	Docherty	Gateshead H&AC	2.07.31
83 Matthew	Williams	Tynedale H&AC	2.09.64
78 Khalil	Thompson	Shildon R & AC	2.10.70
62 Nick	RidgeOn	South Shields H&AC	2.11.24
60 Steven	Readman	New Marske Harriers AC	2.11.76
85 Marc.	Docherty	Gateshead H&AC	2.06.57
75 Ricky	Stevenson	New Marske Harriers AC	2.06.59
80 Ben	Walker	Middlesbrough A.C.	2.07.96
57 Tom	Perrins	Gateshead H&AC	2.10.66
55 Craig	Patterson	Gateshead H&AC	2.14.00
33 Adam	Greenwood	Birtley A.C.	2.26.39
24 Michael	Donnelly	Gateshead H&AC	2.03.36
46 Andrew	McGuire	Middlesbrough A.C.	2.03.65
30 John	Gibson	Gateshead H&AC	2.03.94
34 Chris	Hall	Tynedale H&AC	2.18.90
18 Dominic	Dalby	Gateshead H&AC	2.26.99
56 Jonathan	Pearson	Elswick Harriers	DNF
4 Robert	Balmbra	Morpeth H&AC	
15 Jack	Costello	Gateshead H&AC	
45 Michael	Matthews	Shildon R & AC	
49 Callum	Milne	Sunderland H&AC	
53 Joel	Newby	South Shields H&AC	
54 Chris	Parker	Gosforth H&AC	
79 Matthew	Travis	Morpeth H&AC	
81 Alan	Wear	Birtley A.C.	
82 Ben	Wears	New Marske Harriers AC	

**Event 74 Under 20 Men 800m**  
**CBP 2001 Malcolm Hassan Sunderland 1.52.82**  
**holder James Minter Middlesbrough A.C. 1.54.21**

**Heats**

41 Andrew	Coffer	Chester le Street & District A.C.	2.02.17
72 Alan	Piggford	Hartlepool Burn Road H&AC	2.02.54
37 Ade	Babatunde	Middlesbrough A.C.	2.03.62
59 Chris	Howey	Birtley A.C.	2.04.60
88 Simon	Watson	Gateshead H&AC	2.05.95
42 Anthony	Colwell	Morpeth H&AC	2.10.48
36 Mark	Atkin	Chester le Street & District A.C.	2.08.93
67 Richard	Morrell	Middlesbrough A.C.	2.09.38
48 Kieran	Flannery	Gateshead H&AC	2.09.68
38 Gary	Baldwin	Middlesbrough A.C.	2.10.25
75 Neil	Robinson	Newton Aycliffe	2.17.17
50 Robert	Foster	Tynedale H&AC	
57 David	Heslop	Blaydon Harriers	
68 Lewis	Moses	Newton Aycliffe	
69 Alex	Muir	Blaydon Harriers	
70 David	Old	Chester le Street & District A.C.	
77 Irving	Ruddick	Blaydon Harriers	
78 Zak	Scott	Birtley A.C.	
85 Ross	Thraves	Chester le Street & District A.C.	
86 Lewis	Timmins	Gosforth H&AC	
87 Yizhou	Wan		
93 Marc.	Elliott	Gateshead H&AC	

**Event 75 Senior Men 800m**  
**CBP 1990 David Sharpe J&H 1.48.4**  
**holder Hasan Ismael 1.56.12**

**Heats**

52 Chris	Parr	Gateshead H&AC	1.58.35
48 Matthew	Nicholson	Gosforth H&AC	1.58.38
98 Marc	Elliott	Gateshead H&AC	1.59.58
54 Steven	Pogue	Middlesbrough A.C.	2.00.60
19 Andrew	Dougal	Tynedale H&AC	2.03.35
28 Alex	Haynes	North Shields Polytechnic AC	2.07.61
41 Nick	McCormick	Morpeth H&AC	1.56.57
45 Shaun	Moralee	Durham City H&AC	1.58.87
31 Steven	Horn	Elswick Harriers	2.01.49

7 Tommy	Brannon	North Shields Polytechnic AC	2.03.67
47 Stephen	Nesbitt	Gateshead H&AC	2.13.32
74 Francis	Turner	Durham City H&AC	2.26.07
71 Andrew	Teate	Middlesbrough A.C.	1.59.20
24 Drew	Graham	Gosforth H&AC	1.59.50
29 James	Hogg	Gateshead H&AC	1.59.9
49 John	Nunn	Crook & District AC	2.02.3

**Event 76 Senior Women 400m**  
**CBP 1986 Angela Piggford Gateshead 53.9**  
**holder Clare Brason Sale 56.60**

**Final**

9 Nisha	Desai	Morpeth H&AC	57.52
7 Victoria	Carmichael	Gateshead H&AC	58.17
14 Kimberley	Goodall	Gateshead H&AC	58.32
41 Sally	Youdon	Gateshead H&AC	60.98
35 Becky	Taylor	Gateshead H&AC	61.47

**Event 77 Under 20 Women 400m**  
**CBP 2001 Claire Brason NSP 57.49**  
**holder Victoria Wester Gateshead 60.30**

**Final**

66 Samantha	Hart	Gateshead H&AC	59.86
62 Debbie	Forster	Middlesbrough A.C.	60.84
58 Geraldine	Donnelly	Elswick Harriers	61.36
88 Georgi	Dines	Gosforth	

**Event 78 Under 17 Women 300m**  
**CBP 1991 Alison Curbishly M&C 40.15**  
**holder Lorna Mc Michael Chester le Street 41.87**

**Heats**

29 Kineta	Kelsall	Gateshead H&AC	43.36
12 Kisa	Cowell	Sunderland H&AC	43.71
18 Samantha	Duffy	Gateshead H&AC	43.84
42 Lorna	McMichael	Chester le Street & District A.C.	44.31
60 Anastasia	Toman	Gosforth H&AC	46.28
76 Michelle	Wilkinson	Chester le Street & District A.C.	46.53
46 Rebecca	Pottinger	Birtley A.C.	52.09
50 Rebecca	Shield	Durham City H&AC	43.9
10 Emma	Clifford	Darlington H&AC	45.55
40 Ruth	McDowall	Middlesbrough A.C.	45.89
45 Lydia	Patton	Gateshead H&AC	46.13
4 Amy	Bell	Chester le Street & District A.C.	46.75
62 Cherelle	Watson	Morpeth H&AC	47.68
22 Heather	Graham	Middlesbrough A.C.	49.19
48 Alice	Ramsay	South Shields H&AC	
77 Gina	Rutherford	North Shields Polytechnic AC	

**Event 79 Under 20 /Senior Women 2000.s/c**  
**CBP 2000 Sarah Jackson M&C 7.40.07**  
**holder Natalie Dawson Morpeth 8.14.06**

**Final**

20 Sarah Jackson	M&C (Sen)	7.52.46
52 Rachel Barnes	Chester le Street & District A.C.	8.22.98
28 Claire Robson	Teesdale A.C. (Sen)	
63 Rebecca Forster	Chester le Street & District A.C. (u/20)	

**Event 80 Under 17 Men 1500s/c**  
**CBP 1994 Robert Brown Elswick 4.27.41**  
**holder Sean Hall Gateshead 4.37.27**

**Final**

58 Will Pike	Gateshead H&AC	4.42.98
35 Richard Hall	Gateshead H&AC	6.10.32
4 Robert Balmbra	Morpeth H&AC	

**Event 81 Under 20 Men 2000ms/c**  
**CBP 1984 J Yeats M&C 5.55.7**  
**holder Paul Wright Middlesbrough 10.06.84**

**Final**

53 Sean Hall	Gateshead H&AC	6.13.93
80 Nathan Shrubbs	Morpeth H&AC	6.22.32
49 Ross Floyd	Morpeth H&AC	6.39.15
98 Daniel McMeiken	Blaydon	6.53.97
91 John Woods	Morpeth H&AC	7.04.36
62 Stephen Lewis	Houghton & Peterlee A.C.	7.10.91

**Event 82 Senior Men 3,000m s/c**  
**CBP 1992 Colin Walker Gateshead 8.38.7**  
**holder Raymond Robinson Gateshead 10.49.26**

**Final**

79 Paul White	Middlesbrough A.C.	10.00.54
12 Robert Cole	Middlesbrough A.C.	
61 Ray Robinson	Gateshead H&AC	

**Event 83 Under 13 Girls 100m**  
**CBP 2003 Alex Penn Blackhill 13.46**  
**holder Sally Briggs Morpeth 14.32**

**Heats**

80 Jessica Read	Gateshead H&AC	13.7
70 Jennifer Ellis	Gosforth H&AC	14.22
67 Danielle Clingly	Jarrow & Hebburn A.C.	14.69
62 Hollie Boardman	Birtley A.C.	14.89

76	Christina	O'Connor	Middlesbrough A.C.	15.1
74	Leah	Kennedy	Darlington H&AC	15.77
85	Louise	Todd	Birtley A.C.	16.26
71	Catherine	Gray	Durham City H&AC	14.17
77	Rebecca	Pow	Gateshead H&AC	14.31
75	Stephanie	Lorraine	Birtley A.C.	14.38
65	Bethan	Caskey	Gateshead H&AC	15.16
78	Ruby	Pratt	Darlington H&AC	15.51
68	Helen	Corrigan	Middlesbrough A.C.	15.73
93	Laura	Brooks	Middlesbrough & Cleveland	16.42
83	Ashleigh	Stone	Jarrow & Hebburn A.C.	13.76
92	Kate	Fanning	Birtley A.C.	14.41
90	Rebecca	Whitfield	Durham City H&AC	14.42
69	Kathetine	Corrigan	Middlesbrough A.C.	15.02
73	Georgina	Kennedy	Gateshead H&AC	15.93
79	Hannah	Pringle	Gateshead H&AC	16.18

**Event 84 Under 15 Girls 100m**  
**CBP 1991 D Kerr J&H 12.4**  
**holder Rebekah Wilmhursy 13.32**

**Heats**

84	Laura	Welsh	Gateshead H&AC	13.57
95	Kate	Ross	Shildon R & AC	13.68
72	Emma	Shakeshaft	Darlington H&AC	13.9
51	Jenny	Hudson	Gateshead H&AC	13.92
53	Heidi	Kilty	Gateshead H&AC	14.06
46	Stevie	Goodfellow	Morpeth H&AC	14.11
45	Chloe	Gill	Gateshead H&AC	14.2
44	Abbie	Gilberstsom	South Shields H&AC	14.57
61	Nicola	Pearson	Gateshead H&AC	13.24
47	Lisa	Hayes	Gateshead H&AC	13.91
64	Verity	Pratt	Darlington H&AC	14.02
59	Sacha	McGregor	Gateshead H&AC	14.28
66	Hayley	Robertson	North Shields Polytechnic AC	14.42
55	Joanne	Lawton	Gateshead H&AC	14.72
81	Nikita	Turton	Houghton & Peterlee A.C.	15.13
40	Amy	Fleming	Shildon R&AC	DNS
96	Elizabeth	Cain	Shildon R & AC	13.74
32	Emma	Brown	Gateshead H&AC	14.02
31	Sally	Briggs	Morpeth H&AC	14.15
39	Amy	Dobson	Gateshead H&AC	14.37
52	Grace	Johnson	North Shields Polytechnic AC	14.44
88	Toni	Wood	Houghton & Peterlee A.C.	14.55
43	Alex	Gibson	Gateshead H&AC	14.74
21	Victoria	Addison	Jarrow & Hebburn A.C.	15.11

**Event 85 Under 17 Women 100m**  
**CBP Janine MacGregor HBR 11.8**  
**holder Kineta Kelsall Gateshead 12.81**

**Heats**

68 Faye	Winspear	Middlesbrough A.C.	13.1
14 Lauren	Dewdney	Gateshead H&AC	13.33
47 Nicola	Power	Jarrow & Hebburn A.C.	13.56
58 Trudy	Thomas	Gateshead H&AC	13.98
34 Emma	Lawton	Gateshead H&AC	14
19 Katelyn	Dunbar	Birtley A.C.	14.01
44 Danille	Murray	South Shields H&AC	14.84
72 Rachel	Davidson	Gateshead H&AC	12.76
70 Rebekah	Wilmshurst	Durham City	12.91
38 Sarah	Markwell	Chester le Street & District A.C.	13.25
59 Julie	Todd	Gateshead H&AC	13.65
52 Claire	Smith	Jarrow & Hebburn A.C.	13.98

**Event 86 Under 20 Women 100m**  
**CBP 2003 Gemma Fergusson NSP 12.25**  
**holder Emma Morris South Shields 12.73**

**Final**

79 Kirsty	Thomas	Gateshead H&AC	12.49
85 Jenny	Graham	North Shields Polytechnic AC	12.62
73 Emma	Morris	South Shields H&AC	12.77
67 Sophie	de la Hunt	Gateshead H&AC	12.81
72 Phillippa	McGregor	Morpeth H&AC	12.86
69 Carly	Jones	Gateshead H&AC	13.12
51 Marise	Barclay	Middlesbrough A.C.	
78 Kayleigh	Stoker	Morpeth H&AC	
82 Rebecca	Welsh	Durham City H&AC	

**Event 87 Senior Women 100m**  
**CBP 1971 June Rowell Houghton 11.6**  
**1987 Louise Stuart M&C 11.6**  
**holder Titi Ameobi Gateshead 12.58**

**Final**

35 Becky	Taylor	Gateshead H&AC	13.26
17 Frances	Hubbard	Middlesbrough A.C.	13.48
29 Natalie	Roe	Gateshead H&AC	14.15
1 Titi	Ameobi	Gateshead H&AC	
2 Rachel	Archer	Morpeth H&AC	
4 Hayley	Braithwaite	Middlesbrough A.C.	
6 Taacha	Brown	Northumbria University AC	

**Event 88 Under 13 Boys 200m**  
**CBP 2003 Ben Sanderson Middlesbrough A.C. 27.41**  
**holder Jack Cowie Gateshead 27.86**

**Heats**

99 Christian	Carson	Middlesbrough	27.75
25 Daniel	Hall	Gateshead H&AC	28.96
20 Paul	Clifford	Darlington H&AC	30.4
37 Ralph	Pearse	New Marske Harriers AC	30.89
47 Chris	Wilson	Morpeth H&AC	31.23

38 Joshua	Phillips	Darlington H&AC	32.41
18 Sam	Blackett	Chester le Street & District A.C.	
27 Conor	Hedley	Morpeth H&AC	
28 Gallagher	Hill	Gateshead H&AC	
35 Chris	Palmer	Houghton & Peterlee A.C.	
36 Michael	Patan	Darlington H&AC	

**Event 89 Under 15 Boys 200m**  
**CBP 2004 Yusuf Aliu Middlesbrough A.C. 23.02**  
**holder Yusuf Aliu Middlesbrough A.C. 23.02**

**Heats**

59 John	Summers	Gateshead H&AC	25.05
29 Craig	Hill	New Marske Harriers AC	25.26
7 Robert	Brannon	Chester le Street & District A.C.	26.31
44 Huw	Oliver	Tynedale H&AC	26.37
45 Terry	Ord	Morpeth H&AC	26.7
35 Paul	Jefferson	Darlington H&AC	27.09
55 Michael	Short	Gateshead H&AC	27.12
36 Paul	Jopling	South Shields H&AC	28.17
23 Phillipe	Goosen	Jarrow & Hebburn A.C.	24.34
5 Campbell	Bell	Chester le Street & District A.C.	25.09
69 Andrew	Wilkinson	Gateshead H&AC	25.6
61 Jonathan	Todd	Tynedale H&AC	26.71
72 Matthew	Halewood	Gateshead H&AC	26.75
63 Greg	Urwin	Tynedale H&AC	29.23
38 Steven	Keith	Gateshead H&AC	29.64
56 Vincent	Simpson	Morpeth H&AC	33.22

**Event 90 Under 17 Men 200m**  
**CBP 1998 Daniel Angus Mandale 22.04**  
**holder Scott Henderson Middlesbrough A.C 23.11**

**Heats**

39 Richard	Kilty	Gateshead H&AC	23
1 Yusuf	Aliu	Middlesbrough A.C.	23.33
93 Alexander	Todd	Shildon R & AC	23.62
68 Jamie	Sinclair	Tynedale H&AC	23.71
74 Graeme	Stevens	Darlington H&AC	25.27
94 Paul	Miller	Gateshead H&AC	25.51
23 Michael	Dixon	Durham City H&AC	26.5
72 Stephen	Smith	South Shields H&AC	26.82
17 Adam	Dalby	Gateshead H&AC	23.76
21 Robert	Davison	Blaydon Harriers	23.79
90 Louis	McElwee	Middlesbrough A.C.	23.91
51 Max	Mullins	North Shields Polytechnic AC	24.91
71 Matthew	Smith	Darlington H&AC	25.74
84 Geeman	Wong	Jarrow & Hebburn A.C.	26.66
44 Lee	Lowden	Tynedale H&AC	26.85
77 Chris	Sumner	Sunderland H&AC	29.6

**Event 91 Under 20 Men 200m**  
**CBP1998 J Stewart M&C 21.62**  
**holder John Baines Middlesbrough A.C. 22.65**

**Heats**

43 Craig	Crawford Glanville	Gateshead H&AC	23
71 Tom	Patton	Gateshead H&AC	23.3
63 Jak	Lowdon	Tynedale H&AC	23.4
66 Paul	Moore	Gateshead H&AC	24.3
51 Daniel	Ghundo	Darlington H&AC	24.6
54 Sean	Harrington	Hartlepool Burn Road H&AC	25.1
81 James	Stacey	Gateshead H&AC	25.1
47 Matthew	Evans	Gateshead H&AC	25.3
55 Scott	Henderson	Middlesbrough AC	
94 Chris	Campbell	Loughborough University	

**Event 92 Senior Men 200m**  
**CBP 1994 Dave Deacon Morpeth 21.19**  
**holder Jared Deacon South Shields 21.75**

**Heats**

62 Adam	Rogers	Sale H	22.45
13 Liam	Collins	Gateshead H&AC	23.08
37 Nick	Little	Tynedale H&AC	23.42
66 John	Stacey	Gateshead H&AC	23.71
63 Adam	Rogers	Shildon R&AC	25.57
81 Rabah	Yusuf	Border Harriers	21.84
58 David	Riley	Morpeth H&AC	21.89
4 John	Baines	Middlesbrough A.C.	22.55
90 Craig	Telford	Border H	22.75
67 Andrew	Sturrock	Gateshead H&AC	23.24
1 Andrew	Appleyard	Middlesbrough A.C.	24.55

**Event 93 Under 15 Girls 1500m**  
**CBP 1987 C Nicholson Darlington 4.35.7**  
**holder Stacey Smith Tynedale 4.58.37**

**Final**

82 Laura	Waitman	Morpeth	4.48.63
23 Kate	Avery	Shildon	4.51.46
91 Natalie	Young	Morpeth	4.58.99
69 Jessica	Russell	New Marske	5.01.83
75 Shona	Smith	Tynedale	5.04.92
42 Helen	Gertig	Blaydon	5.06.80
36 Sarah	Crosby	Sunderland	5.15.72
80 Emma	Toogood	Durham	5.22.06
41 Choleo	Fletcher	Gateshead	5.23.25
62 Shannon	Penny	Middlesbrough	5.23.30
58 Emma	Mason	Gsoforth	5.23.37
63 Dylan	Pickavance Clark	CLS	5.37.44

**Event 94 Under 17 Women 1500m**  
**CBP 1996 Kate Grimshaw NSP 4.37.4**  
**holder Delyth James Morpeth 4.52.36**

**Final**

**Event 95 Under 17 Women 300m**  
**CBP 1991 Alison Curbishly M&C 40.15**  
**holder Lorna Mc Michael Chester le Street 41.87**

**Final**

29 Kineta	Kelsall	Gateshead	41.49
12 Lisa	Cowell	Sunderland	42.35
18 Samantha	Duffy	Gateshead	42.71
50 Rebecca	Shield	Durham	43.9
10 Emma	Clifford	Darlington	44.98
40 Ruth	McDowall	Middlesbrough AC	45.39
45 Lydia	Patton	Gateshead	46.27
42 Lorna	McMichael	CLS	

**Event 96 Under 13 Boys 800m**  
**CBP 1991 Kevin Corr J&H 2.18.5**  
**holder Chris Gaffney New Marske 2.29.7**

**Final**

42 Jamie	Robson	Gateshead	2.23.68
13 Jake	Archer	Sunderland	2.27.52
20 Paul	Clifford	Darlington	2.28.58
23 Marcus	Cram	Morpeth	2.28.98
22 Robbie	Costello	Gateshead	2.35.37
31 Thomas	Hudson	Gateshead	2.41.93
38 Joshua	Phillips	Darlington	2.43.42
18 Sam	Blackett	CLS	2.47.85

**Event 97 Under 15 Boys 800m**  
**CBP 1975 Andrew Lawrence Darlington 2.01.2**  
**holder Khalil Thompson Shildon 2.08.38**

**Final**

41 Adam	Morrell	Middlesbrough	2.10.65
64 Tristan	Venus	Tynedale	2.14.49
11 Brendan	Chadwick	Shildon	2.16.41
68 Adam	Wears	New Marske	2.18.78
21 Chris	Gaffney	N Aycliffe	2.20.09
45 Terry	Ord	Morpeth	2.25.38
3 Louis	Battista	Gosforth	DNS
23 Philippe	Goosen	Jarrow & Hebburn	DNF

**Event 98 Under 17 Men 800m**  
**CBP 1999 Malcolm Hassan Sunderland 1.56.22**  
**holder Jonathan Taylor Middlesbrough A.C. 1.58.97**

**Final**

46 Andrew	McGuire	Middlesbrough	1.59.96
73 Andrew	Stanton	CLS	2.00.08
85 Marc	Docherty	Gateshead	2.00.71
86 Glen	Docherty	Gateshead	2.04.39
24 Michael	Donnelly	Gateshead	2.05.67
30 John	Gibson	Gateshead	2.05.87

80 Ben	Walker	Middlesbrough	2.08.81
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**Event 99 Under 20 Men 800m**

**CBP 2001 Malcolm Hassan Sunderland 1.52.82**  
**holder James Minter Middlesbrough A.C. 1.54.21**

**Final**

48 Kieran	Flannery	Gateshead	1.55.76
72 Alan	Pigford	Hartlepool & Burn Road	1.56.98
41 Andrew	Coffer	CLS	1.58.54
37 Ade	Babatunde	Middlesbrough	2.00.85
36 Mark	Atkin	CLS	2.01.83
67 Richard	Morrell	Middlesbrough	2.03.47
88 Simon	Watson	Gateshead	2.03.74
59 Chris	Howey	Birtley	2.04.49

**Event 100 Senior Men 800m**

**CBP 1990 David Sharpe J&H 1.48.4**  
**holder Hasan Ismael 1.56.12**

**Final**

41 Nick	McCormack	Morpeth	1.52.20
45 Shaun	Moralee	Durham	1.53.57
24 Drew	Graham	Gosforth	1.54.14
48 Mathew	Nicholson	Gosforth	1.54.60
52 Chris	Parr	Gateshead	1.55.11
98 Marc	Elliott	Gateshead	1.57.41
71 Andrew	Teate	Middlesbrough AC	2.00.09
29 James	Hogg	Gateshead	2.05.44

**Event 101 Under 15 Boys 3,000m**

**CBP 1986 Michael Threadgill Mandale 9.01**  
**holder John Gibson Gateshead 10.08.84**

**Final**

42 Ross	Murray	Gateshead	09.42.94
6 Carl	Bell	Chester le Street & District A.C.	10.20.87
50 Daniel	Regan	Blaydon Harriers	10.24.44
49 Nathan	Reed	Sunderland H&AC	10.29.31
51 Craig	Ritchie	Jarrow & Hebburn A.C.	10.57.71
28 Jonathan	Hewitt	Gosforth H&AC	DNF
47 Michael	Parry	Darlington H&AC	
67 Callum	Watson	Elswick Harriers	

**Event 102 Under 17 Men 3,000m**

**CBP 1982 David Miles Gosforth 8.47**  
**holder Andrew Coffer Chester le Street 9.01.52**

**Final**

87 Dominic	Shaw	New Marske Harriers AC	09.27.06
14 Jonathan	Cook	Gateshead H&AC	09.29.80
0.4 Robert	Balmbra	Morpeth H&AC	09.38.12
25 Mark	Douglas	Gateshead H&AC	09.45.68
12 Marc.	Cochrain	Morpeth H&AC	09.48.32

29	Matthew	Foggin	Sunderland H&AC	09.49.17
31	Alasdair	Gill	Tynedale H&AC	09.49.30
70	Carl	Smith	Chester le Street & District A.C.	09.54.05
27	Dwaine	Evans	Chester le Street & District A.C.	09.55.60
83	Matthew	Williams	Tynedale H&AC	10.10.97
32	Mike	Gillies	South Shields H&AC	10.21.23
40	Ratmond	Kirkup	Morpeth H&AC	10.27.12
82	Ben	Wears	New Marske Harriers AC	10.30.02
37	Richard	Hopkins	Birtley A.C.	10.31.58
22	Michael	Delaney	New Marske Harriers AC	10.45.67
41	Brian	Knighton	Gateshead H&AC	
50	Phillip	Moore	Newton Aycliffe	
56	Jonathan	Pearson	Elswick Harriers	
57	Tom	Perrins	Gateshead H&AC	
58	Will	Pike	Gateshead H&AC	

**Event 103 Under 20 Men 3,000m**  
**CBP 1984 David Miles Gosforth 8.27.4**  
**holder Ryan McLeod Elswick 8.28.40**

**Final**

82	Ryan	Stephenson	North Shields Polytechnic AC	8.48.27
86	Lewis	Timmins	Gosforth H&AC	9.00.67
96	Andrew	Wiles	Middlesbrough A.C.	9.08.93
92	Jonathan	Young	Morpeth H&AC	9.11.34
44	Jackson	Creegan	Gateshead H&AC	9.12.68
40	Adam	Carmichael	Gateshead H&AC	
49	Ross	Floyd	Morpeth H&AC	
53	Sean	Hall	Gateshead H&AC	
70	David	Old	Chester le Street & District A.C.	
87	Yizhou	Wan		
90	Martin	Wilson	Jarrow & Hebburn A.C.	

**Event 104 Senior Men 5,000m**  
**CBP1984 Steve Cram J&H 13.48.0**  
**holder Robert Cole Middlesbrough A.C. 15.19.06**

**Final**

77	David	Wardle	London Irish	14.36.38
64	Dan	Samuels	Morpeth H&AC	14.37.47
5	Stewart	Bell	Chester le Street & District A.C.	14.55.01
85	Mark	Brown	Morpeth H&AC	15.00.15
30	Mark	Hood	Sunderland H&AC	15.25.64
51	Simon	O'Donnell	Chester le Street & District A.C.	15.41.50
2	Jonathan	Archer	Lowfell RC	15.42.91
70	David	Swinburne	Morpeth H&AC	15.44.16
8	Phil	Branston	Gateshead H&AC	16.24.20
34	Shaun	Laws	Chester le Street & District A.C.	16.36.42
78	Simon	Wells	Chester le Street & District A.C.	17.21.64
9	Robert	Campbell	New Marske Harriers AC	DNF
10	Dave	Cheshire	Chester le Street & District A.C.	
12	Robert	Cole	Middlesbrough A.C.	
42	Mark	McDonald	Lowfell RC	
43	Ryan	McLeod	Elswick Harriers	
55	Steven	potts	Sunderland H&AC	

59 Chris Roberts  
73 Gareth Thraves  
78 Simon Wells

Gateshead H&AC  
Chester le Street & District A.C.  
Chester le Street & District A.C.

**Event 105 Under 13 Girls 100m**  
**CBP 2003 Alex Penn Blackhill 13.46**  
**holder Sally Briggs Morpetn 14.32**

**Final**

80 Jessica	Read	Gateshead	13.48
83 Ashleigh	Stone	Jarrow & Hebburn	13.51
71 Catherine	Gray	Durham	13.81
90 Rebecca	Whitfield	Durham	14
70 Jennifer	Ellis	Gosforth	14.19
77 Rebecca	Pow	Gateshead	14.3
92 Kate	Fanning	Birtley	14.34
75 Stephanie	Lorraine	Birtley	14.47

**Event 106 Under 15 Girls 100m**  
**CBP 1991 D Kerr J&H 12.4**  
**holder Rebekah Wilmhursy 13.32**

**Final**

61 Nicola	Pearson	Gateshead	12.95
84 Laura	Welsh	Gateshead	13.38
95 Kate	Ross	Shildon	13.56
96 Elizabeth	Cain	Shildon	13.74
51 Jenny	Hudson	Gateshead	13.95
47 Lisa	Hayes	Gateshead	13.96
72 Emma	Shakespeare	Darlington	14.02
32 Emma	Brown	Gateshead	14.03

**Event 107 Under 17 Women 100m**  
**CBP Janine MacGregor HBR 11.8**  
**holder Kineta Kelsall Gateshead 12.81**

**Final**

72 Rachel	Davidson	Gateshead	12.76
70 Rebecca	Wilmshurst	Durham	12.81
68 Fay	Winspear	Middlesbrough	12.92
14 Lauran	Dewdney	Gateshead	12.97
38 Sarah	Markwell	CLS	13.27
47 Nicola	Power	Jarrow & Hebburn	13.45
59 Julie	Todd	Gateshead	13.61
58 Trudy	Thomas	Gateshead	14

**Event 108 Under 20 Women 100m**  
**CBP 1971 June Rowell Houghton 11.6**  
**1987 Louise Stuart M&C 11.6**  
**holder Titi Ameobi Gateshead 12.58**

**Refer to event 87 run as final**

72 Phillipa	McGregor	Morpeth	
85 Jenny	Graham	NSP	
67 Sophie	Hunt	Gateshead	

79 Kirstie	Thomas	Gateshead
73 Emma	Morriss	South Shields
69 Carly	Jones	Gateshead

**Event 109 Under 13 Boys 200m** **Final event 89**  
**CBP 2003 Ben Sanderson Middlesbrough A.C. 27.41**  
**holder Jack Cowie Gateshead 27.86**

99 Christian	Carson	Middlesbrough
25 Daniel	Hall	Gateshead
37 Ralph	Pearse	New Marske
20 Paul	Clifford	Darlington
38 Joshua	Phillips	Darlington
47 Christian	Wilson	Morpeth

**Event 110 Under 15 Boys 200m** **Final**  
**Under 15 boys 200m**  
**CBP 2004 Yusuf Aliu Middlesbrough A.C. 23.02**  
**holder Yusuf Aliu Middlesbrough A.C. 23.02**

23 Phillipe	Goosen	Jarrow & Hebburn	24.03
59 John	Summers	Gateshead	24.58
5 Campbell	Bell	CLS	24.74
29 Craig	Hill	New Marske	25.13
69 Andrew	Wilkinson	Gateshead	25.33
44 Huw	Oliver	Tynedale	26.21
45 Terry	Ord	Morpeth	26.36
7 Robert	Brannon	CLS	DNS

**Event 111 Under 17 Men 200m** **Final**  
**CBP 1998 Daniel Angus Mandale 22.04**  
**holder Scott Henderson Middlesbrough A.C 23.11**

39 Richard	Kilty	Gateshead	23.07
1 Yusuf	Aliu	Middlesbrough	23.09
93 Alexander	Todd	Shildon	23.53
17 Adam	alby	Gateshead	23.56
21 Robert	Davison	Blaydon	23.6
68 Jamie	Sinclair	Tynedale	23.85
90 Louis	McElwee	Middlesbrough	
51 Max	Mullens	NSP	

**Event 113 Senior Men 200m** **Final**  
**CBP 1994 Dave Deacon Morpeth 21.19**  
**holder Jared Deacon South Shields 21.75**

81 R	Yusuf	Border	21.77
58 D	Riley	Morpeth	21.93
62 A	Rogers	Sale	22.33
4 J	Baines	Middlesbrough	22.62
90 C	Telford	Border	23.02
67 A	Sturrock	Gateshead	
37 N	Little	Tynedale	









































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