

CATTERICK GARRISON 10K

Sunday 13 July 08 at 11:00 am

Venue: Catterick Garrison, Leyburn athletics stadium, North Yorkshire.

PB COURSE

Course Details:

One lap, undulating and scenic course on main roads and good foot paths.

Entry Fee:

£10.00 Affiliated Club Members
£12.00 Unattached

PRIZES

1st female & male **CASH** £250
2nd female & male **CASH** £150
3rd female & male **CASH** £75

1st female/male vet 35, 40, 45 & 50
1st female/male junior
1st female/male service personnel

Please send entry forms and C4 S.A.E to: Catterick Garrison 10k, Defence Mail Centre, Scotton Road, Catterick Garrison, N Yorkshire, DL9 3JS

Cheques should be made payable to: 'Central Bank Catterick Garrison'

BLOCK CAPS PLEASE

OR enter online at www.q-buster.co.uk

Name.....Surname.....Tel :.....

Address.....

..... Postcode

Email:

Male[] Female[] Age on race day [] DOB

Club/Unit..... Eng Ath Reg No:

Category, please tick one box: JNR FEMALE VET MALE VET FEMALE OPEN MALE OPEN
please circle one vet category: 35/40/45/50 35/40/45/50

I hereby declare that I shall only compete in this race on foot, confirm that I will be an amateur as defined by the UK athletics rules and will abide by those rules, that I will be 16 years of age or older on the race day and will not start unless fit to complete the distance. I understand and accept that I take part in this race at my own consent and absolutely relieve the organisers or any person or body involved in the organisation of the event of responsibility for any injury, loss or damage to myself or property which I sustain in the course of or in connection with the Catterick Garrison 10km Road Race.

Would you like to be sent a fundraising pack? Army Benevolent Fund Diabetes UK (Please tick box if yes)

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Signature Name Date.....

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